National Credit Union Administration
Federal agency that protects credit union members and educates on consumer topics such as credit, banking, and fraud prevention
mycreditunion.gov/consumer-assistance-center
mycreditunion.gov/life-events

USDA Food Plans
Once a month, the USDA reports the cost of food for each member of a family at four spending levels (thrifty, low, moderate, and liberal). A useful tool for creating budgets.

fns.usda.gov/cnpp/usda-food-plans

Women’s Money Matters
Boston-based nonprofit that educates and empowers women on financial issues

womensmoneymatters.org

Financial Literacy Resources
ONLINE & IN PERSON IN THE TWEKSbury AREA

Tewksbury Public Library
300 Chandler Street
Tewksbury, MA 01876

@TewksburyLib

Updated 2/21/24
Community Teamwork
Lowell-based organization that offers financial education and counseling, loans programs, tax help, and homeownership seminars
commteam.org/program/financial-education

Consumer.gov
Website run by the Federal Trade Commission to educate consumers on money management, credit, loans, and avoiding scams and fraud
consumer.gov

Consumer Financial Protection Bureau Resources
Government resource with education tools for consumers and a complaint database
consumerfinance.gov/consumer-tools

FDIC (Federal Deposit Insurance Corporation) Consumer Resources
Resources to protect consumers, as well as a financial education program, “Money Smart”
fdic.gov/resources/consumers

Financial Wellness @ Penn Budgeting
Crash course in budgeting, including the most common styles of creating a budget, such as 50/20/30, Pay Yourself First, and the Envelope System
srfs.upenn.edu/financial-wellness/budgeting

Massachusetts Office of Economic Empowerment
Provides financial education for residents of Massachusetts
mass.gov/orgs/office-of-economic-empowerment

Mass.gov BabySteps
State program to help parents establish savings accounts for their children’s future education
mass.gov/babysteps

Northwestern University’s Financial Wellness Guide
Guide targeted towards students and new adults that teaches about money management, student loan repayment, and retirement planning
northwestern.edu/financial-wellness

MIT Living Wage Calculator
Select state and county to see living wage by family size, cost of living, and typical salaries in your area
livingwage.mit.edu/